



BRITISH WADO-RYU KARATE-DO SHIKUKAI DAN GRADE SYLLABUS - 2011

EXAMINATION FEE £30

- 1st Dan Applicants must have held 1st Kyu for at least 1 year
- 2nd Dan Applicants must have held 1st Dan for at least 2 years
- 3rd Dan Applicants must have held 2nd Dan for at least 3 years
- 4th Dan Applicants must have held 3rd Dan for at least 4 years
- 5th Dan Applicants must have held 4th Dan for at least 5 years
- 6th Dan Applicants must have held 5th Dan for at least 6 years
(minimum age: 36)
- 7th Dan Applicants must have held 6th Dan for at least 7 years
- 8th Dan Applicants must have held 7th Dan for at least 8 years

Gradings will include a WRITTEN EXAMINATION

B.W.K.S. Dan Grading form must be completed and returned to Shinohara Shihan
with the Examination Fee, at least 7 days before the Grading.

Successful Applicants must pay the following Certificate and Registration
to the B.W.K.S. immediately after the Grading:

- 1st Dan = £55
- 2nd Dan = £60
- 3rd Dan = £65
- 4th Dan = £70
- 5th Dan = £75
- 6th Dan = £80

DAN GRADE SYLLABUS - 2011

KIHON WAZA

1. Kette Junzuki - return with - Kette Junzuki no Tsukkomi
2. Kette Gyakuzuki - return with - Kette Gyakuzuki no Tsukkomi
3. Tobikomizuki Jodan - return with - Nagashizuki Jodan
4. ShutoUke - return with - Kette ShutoUke
5. Maegeri Chudan, Okutte Maegeri Chudan - return with - Maegeri Jodan, Okutte Maegeri Jodan ...
6. Mawashigeri Chudan, Okutte Mawashigeri Chudan - return with - Mawashigeri Jodan, Okutte Mawashigeri Jodan
7. Sokutogeri Chudan, Okutte Sokutogeri Chudan - return with - Sokutogeri Jodan, Okutte Sokutogeri Jodan
8. Ushirogeri Chudan, Okutte Ushirogeri Chudan - return with - UshiroMawashigeri Jodan, Okutte UraMawashigeri Jodan

RENKEI WAZA

1. Tobikomi Jodan + Chudan renzuki - Okutte Maegeri Chudan - Ashibarai + Gyakuzuki Chudan - Mawashigeri Jodan - UshiroMawashigeri Jodan - Urakenuchi Jodan - Gyakuzuki Chudan
2. Nagashi Urakenuchi Jodan - Gyakuzuki Chudan - UchiMawashigeri Jodan + Shomen Mawashigeri Jodan - Kosotogari - Gyakuzuki Chudan - Okutte Sokutogeri Chudan - Ushirogeri Chudan - Gyakuzuki Chudan

KATA

	<u>1st Dan</u>	<u>2nd Dan</u>	<u>3rd Dan</u>	<u>4th Dan & above</u>
1.	One Pin'an Kata Chosen by Examiners	Rohai	Bassai	Chinto
2.	Kushanku	Niseishi	Jitte	Two Kata
3.	Seishan	Wanshu	Jion	Chosen by Examiners

KIHON GUMITE

<u>1st Dan</u>	<u>2nd Dan</u>	<u>3rd Dan</u>	<u>4th Dan & above</u>
1, 2, 7	3, 5, 6	4, 8, 9, 10	Four - Chosen by Examiners

YAKUSOKU GUMITE

Two each of Jodan, Chudan, Maegeri and Mawashigeri Uke - one Left, one Right

TANTO-DORI (7) For 4th & 5th Dan above applicants.

JIYU GUMITE 1-2 minutes (optional for 50+ age applicants)

SHIAI 1-2 minutes (optional for 40+ age applicants)